

# Hillsdale Board of Health

380 Hillsdale Avenue, Hillsdale, NJ 07642  
201/666-4800, ext. 1525 FAX 201/358-5002  
Website: [www.Hillsdalenj.org](http://www.Hillsdalenj.org)

## **Minutes**

Regular Meeting  
Hillsdale Board of Health  
February 3, 2015

### **President Opens Meeting:**

This is a regular meeting of the Hillsdale Board of Health. By resolution adopted on December 2, 2014, a notice of the time and place of this meeting was provided to The Ridgewood News, and was also posted on the electronic bulletin board and on the bulletin board in the Borough Hall lobby.

### **Secretary Calls the Roll:**

Barbara Ann DeCaro, President, Dr. Susan Kushner, Vice President, Elaine Meyerson,  
James Stephens, Louisa Toledo, Dr. Rona Weinberg, Chrisoula Looes, Council Liaison  
**Employees:** Angela Musella, Health Off., NWBRHC, Marguerite Deppert, RN, Lois Kohan, RN  
**ABSENT:** Christina Fanelli, RN, Sarah Jeune, Secretary/Deputy Registrar

### **Approval of Minutes:** Regular meeting, January 6, 2015

#### **DISCUSSION:**

**CORRECTION:** 1/6/2015: Reorganization Meeting Minutes:

Minutes should include a "Salary Ordinance: for employee appointments

**CORRECTIONS:** 2/6/2015: Regular Meeting Minutes:

**PLEASE AMEND:**

"E. Meyerson suggested that names in the minutes should be first and second names with degrees."

**Motion to receipt and file:** L. Toledo as amended **Seconded by:** E. Meyerson

### **January Correspondence:**

1. To community Life and Pascack Press with press release for free walk-in health program.

**Motion to receipt and file:** E. Meyerson, **Seconded by:** J. Stephens

### **Health Officer and Employee Reports:** (see all attached employee reports)

These reports include Health Officer's activities, Vital Statistics, monthly financial receipts and Public Health Nurse Reports.

#### **DISCUSSION:**

##### **NWBRHC:**

1. Several Food Handlers classes were scheduled and commenced
2. Complaints: 5 rat inspections and 1 food complaint. E. Meyerson asked for clarification about the terms "An inspection began...". A. Musella explained that the Sanitarian would continue to investigate a complaint if it was 'pending'.

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3. Discussion continued on the number of rat complaints. R.Weinberg asked if Hillsdale has a significant increase in rat complaints. A. Musella indicated that this situation began last summer: perhaps due to the United Water Co. construction. Discussion continued on the causes of rat complaints in certain town areas. She indicated that perhaps an article on rodent education in the "MyHillsdale" Newsletter would help educate our residents. D.Kohan, Webmaster will be asked to publish an article in the next newsletter (2<sup>nd</sup> week in March. A. Musella asked to review the article beforehand. E. Meyerson recommended a 'preface' to the article that would educate residents but not alarm residents.
4. B. DeCaro asked Board members to vote on the use of names in our reports, esp., "Summones" reports. It was agreed that only the street name would be used.

## **SARAH JEUNE**, Sec./Deputy Registrar

(S.Jeune will deliver financial and registrar reports for January 2015 at March 3 meeting)

## **MARGUERITE DEPERT, RN**

1. M.Deppert reported that she had been contacted by DAN LEVY, Health Officer for Emerson and Twp of Washington, in reference to our Child Health Clinic. The Board members voted to accept the children of these 2 towns at our clinic, thereby, increasing the number of towns contracted for our clinic to 17 towns. M. Deppert explained the NJ State Law changes in the eligibility for the clinic. S.Kushner further explained the insurance difficulties for her families.
2. CDRSS: 3 cases were discussed, including Rocky Mountain Spotted Fever. J.Stephens asked if there was an opportunity for testing of Lyme disease at the same time there is an investigation for various tick bites. Smart tick bite prevention methods were explained. Discussion continued on the latest flu information, most effected population, and impact of latest flu strain. S.Kushner explained that this latest strain is highly susceptible to Tamiflu, definitely a benefit to flu patients.
3. 50 Radon kits have been ordered'
4. M.Deppert was contacted by JANICE TAYLER, Memory Care Living. Discussion continued concerning the facilities in Hillsdale available for dementia patients. L.Toledo explained her experiences at the facilities with her Girl Scouts. All discussion indicated the wonderful conditions in these facilities.

## **LOIS KOHAN, RN**

1. Discussion began with explanation of the recent Lukow presentation on cancer and LIVING STRONG, LIVING WELL. L.Kohan also explained her ongoing cancer support groups with local cancer survivors, sharing information.
2. She described several home visits, sharing her Therapy Dog, Sunshine, and visits at local Memory Care facilities. Discussion continued on this and Potomac facilities: ratio of care givers to patients, etc.

## **QUESTIONS FOR EMPLOYEES:**

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3. Questions were asked about the Hillsdale Senior Van, its recent breakdown, and its return for its use. L.Toledo commended Hillsdale for this service.
4. L.Toledo asked about a recent event at the Westwood Starbuck involving heroin and syringes. Discussion continued about the drug problem in Hillsdale and surrounding communities. E.Meyerson recommended asking a member of the Hillsdale Police Department to come to a future Board of Health meeting.

**Motion to receipt and file: J.Stephens**

**Seconded by: L.Toledo**

## Opening and Closing of Public Meeting: 7:59-8:04

American Heart Assn.

**GO RED:** Friday, 2/6/2015 celebrates cardiac wellness by urging everyone to wear red.

## Prior Business:

1. Walk Across America Project: experiencing great strides
2. Radon Kits
  1. M. Deppert reported that we are awaiting 50 new monitors
3. Adult Playground Grant: pending
4. Refrigerator for Nurse's Office: purchase completed
5. Hearing Screening Clinic: information reported in January
6. C. Fanelli: BERGEN PROMISE presentation
7. **2015 Johnson & Johnson School Health Leadership Program.**
  - a. **The Rutgers Central for Alcohol has accepted our application!!!**  
**The conference will take place July 12-17, 2015**
8. HILLSDALE STIGMA-FREE has been approved by the Mayor/Council through a resolution. River Vale has also adopted the program
  - a. Future program idea: distribute TOOL KITS
  - b. Meet with the Hillsdale Superintendent and PVRHS District Superintendent to explain the STIGMA-FREE Program and its impact on students
9. Lead Poisoning/Hazard Prevention Ordinance: B.DeCaro is in contact with Liaison C. Looes & Boro Clerk S.Witkowski to investigate a possible ordinance for Hillsdale, that requires rental properties be "lead-free" or lead abated.
  - a. Health Officer A.Musella recommended reviewing the Paterson lead ordinance' She will also contact their abatement specialist for more information.
  - b. A variety of past cases were discussed. S.Kushner explained Kelation Therapy for serious cases. E.Meyerson explained her experience with a lead investigation, the 3 month case review, and asked how long before any event is believed solved. A.Musella explained the necessity of the initial investigation, lead maintenance, and lead kept intact. E.Meyerson encouraged including an inspection before a CO. R.Weinberg asked when lead regulations began: in the 1970's.

## New Business:

1. Food Licenses: reports will be delivered in March
2. Dog Licenses: reports will be delivered in March

